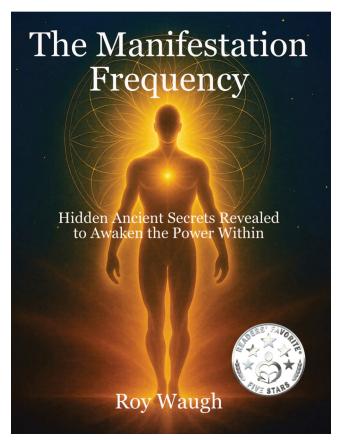
## Award-Winning Author - Motivational Speaker - Recording Artist





# Best of Best Review

**Best Inpiriational Indie Author** 



# Evergreen Awards

**Best Breakout Author** 



## Readers's Favorite Review

**5-Star Readers's Favorite Review** 

"From fear to faith, from chance to choice manifest the life you were meant to live."

### ABOUT THE BOOK

The Manifestatio Frequency reveals how your thoughts, words, and emotions create the frequency that shapes your reality. Blending neuroscience, psychology, and timeless spiritual wisdom, Roy Waugh guides reader to shift from fear and chance into faith and intentional creation.

Told through both science and personal journey, thhis book share practices proven to reset your energy—gratitude, imagination, and clarity—alongside Roy's own story of resiliency. After a devastating accident, he was told he would never walk again. Yet by aligning faith with focus, he defied the odds and discovered the principles that now empower others to rise above their own challenges.

Honored with two national awards and a 5-star Readers' Favorite, this debut offers both inspiration and practicle tools for living the life you were meant to live.

#### WHAT READERS WILL LEARN

- How to harness thoughts, words, and emotions as powerful creative forces.
- Why faith, gratitude, and worthiness are keys to manifesting with clarity and purpose.
- How Roy's own journey—from being told he would never walk again to thriving—demonstrates the creative power within us all.

#### ABOUT THE AUTOR

**Roy Waugh** is an award-winning author, recording artist, motivational speaker, and teacher. For more than two decades he has inspired audiences on television, radio, and stage across the United States. Honored as Best Inspirational Indie Author and Best Breakthrough Author in Mind-Body-Spirit (2025), his debut book The Manifestation Frequency blends science, spirituality, and story to empower readers to awaken their creative power.